

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><b>11:30 Sunday Buffet</b> 2:00 Dominoes <b>5:00-6:30 Social Sunday - Mtg Rm</b> 6:30 Hand &amp; Foot</p>	<p>2</p> <p>9 Exercise/10 Stretch <b>1:30 Stretch &amp; Balance</b> <b>2:30 Reading Aloud</b> <b>4:00 Music in Parlor: Lana Mason, vocalist</b> 6:30 Card Games <b>7:30 Leave for MTSU: Faculty Recital - free</b></p>	<p>3</p> <p>8 Water Aerobics 9:00 WALK <b>10:00 Bible Study</b> <b>1:30 BINGO</b> <b>4:00 Cornhole-Parlor</b> <b>6:00 TO Nashville Philharmonic for a free concert</b> 6:30 Card Games</p>	<p>4</p> <p><b>GROCERY DAY</b> 9 Exercise/10 Stretch <b>1:00 Bridge</b> <b>3:00 Hymn Sing - in the Parlor</b> <b>4:00 Wine Wednesday in the Card Room</b> 6:30 Card Games</p>	<p>5</p> <p>8 Water/9 WALK 11:15 Bookmobile <b>1:00/2:00 Laura's Art Class in Meeting Room</b> <b>1:30 Stretch &amp; Balance</b> <b>4:00 Music-Travis Wetzel, Irish Music-fiddle/guitar</b> 6:30 Cards/7 Ladies Swim</p>	<p>6</p> <p>9 Exer-DVD/10 Stretch-DVD 1:00 Bridge/1:30 Trivia <b>4:00 MTSU Music Students in the Parlor</b> 6:30 Card Games <b>7:00 Irish Movie- Into the West, PG, 1992, fantasy, Gabriel Byrne</b></p>	<p>7</p> <p>8:00 &amp; 9:30 Swim 9:00 WALKING <b>2:00 Movie - Playing with Fire, PG, 2019, Comedy, firefighters as babysitters</b> 6:30 Cards &amp; Games</p>
<p>8</p> <p><b>DAYLIGHT SAVING TIME BEGINS</b> <b>11:30 Sunday Buffet</b> <b>1:15 TO Oaklands Mansion for play: Cat on a Hot Tin Roof</b> 2:00 Dominoes <b>5:00-6:30 Social Sunday</b> 6:30 Hand &amp; Foot</p> <p>Daylight Saving Time Begins</p>	<p>9</p> <p>9 Exercise/10 Stretch <b>1:30 Stretch &amp; Balance</b> <b>2:30 Reading Aloud</b> <b>4:00 Speaker in the Mtg Rm: Dean John Vile, on The Liberty Bell</b> 6:30 Card Games</p> <p>Purim Begins</p>	<p>10</p> <p>8 Water Aerobics 9:00 WALK <b>10:00 Bible Study</b> <b>10:30 St. Mark's-worship in Conf. Rm</b> <b>1:30 BINGO</b> <b>3:00 Crossword in the Parlor</b> 6:30 Card Games</p>	<p>11</p> <p><b>GROCERY DAY</b> 9 Exercise 10 Stretch <b>1:00-Bridge Party-in the Card Rm</b> <b>4:00 Wine Wednesday in the Card Room</b> 6:30 Card Games</p>	<p>12</p> <p>8 Water/9 WALK <b>9:00 Men's Coffee</b> 11:15 Bookmobile <b>1:30 Stretch &amp; Balance</b> <b>4:00 Music in Parlor: Debbi &amp; Friend Jim Hayden on piano</b> 6:30 Cards 7 Ladies Swim</p>	<p>13</p> <p>9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia <b>4:00 Wine Tasting-Mtg Rm-for those signed up</b> 6:30 Card Games <b>7:00 Irish Movie-The Field, PG-13, 1990, Richard Harris</b></p>	<p>14</p> <p>8:00 &amp; 9:30 Swim 9:00 WALKING <b>2:00 Movie - They Shall Not Grow Old, RATED R, 2019, History/World War I - documentary that is like a movie, in color</b> 6:30 Cards &amp; Games</p>
<p>15</p> <p><b>2020 NCAA Selection Sunday</b> - basketball info coming! <b>11:30 Sunday Buffet</b> 2:00 Dominoes <b>5:00-6:30 Social Sunday - Mtg Rm</b> 6:30 Hand &amp; Foot</p>	<p>16</p> <p>9 Exercise/10 Stretch <b>1:30 Stretch &amp; Balance</b> <b>2:30 Reading Aloud</b> <b>4:00 Music in the Parlor: the trio, "us two and him" - original music/humor</b> 6:30 Card Games</p>	<p>17</p> <p><b>ST. PATRICK'S DAY</b> -Irish meal 11:30 &amp; 5:00 (beer served at dinner) -Wear Green to front desk &amp; maybe win prize! 8 Water/9:00 WALK <b>10:00 Bible/1:30 Green BINGO</b> <b>3-5 MTSU Helpers</b> <b>4-St Patrick's Cornhole-Parlor</b> 6:30 Card Games <b>6:30 Truth or Blarney - Parlor</b></p> <p>St. Patrick's Day</p>	<p>18</p> <p><b>GROCERY DAY</b> 9 Exercise 10 Stretch <b>1:00-Hand &amp; Foot Party - Card Room</b> <b>4:00 Wine Wednesday in the Card Room</b> 6:30 Card Games</p>	<p>19</p> <p><b>SPRING BEGINS</b> 8 Water/9 WALK <b>9:00 TO Frist Art Museum &amp; lunch</b> 11:15 Bookmobile <b>1:30 Stretch &amp; Balance</b> 6:30 Cards 7 Ladies Swim</p> <p>Spring Begins</p>	<p>20</p> <p>9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia <b>4:00 Wine &amp; Cheese-in the Meeting Room</b> <b>5:30 to N'ville Symphony</b> 6:30 Card Games <b>7:00 Irish Movie- My Left Foot, RATED R, 1989, drama, Daniel Day-Lewis</b></p>	<p>21</p> <p>8:00 &amp; 9:30 Swim 9:00 WALKING <b>2:00 Movie - Frankie, PG-13, 2019, Drama, older actress plots to marry off son</b> 6:30 Cards &amp; Games</p>
<p>22</p> <p><b>11:30 Sunday Buffet</b> 2:00 Dominoes <b>5:00-6:30 Social Sunday - Mtg Rm</b> 6:30 Hand &amp; Foot</p>	<p>23</p> <p>9 Exercise/10 Stretch <b>10:30 Book Club in the Meeting Room</b> <b>1:30 Stretch &amp; Balance</b> <b>2:30 Reading Aloud</b> <b>4:00 Speaker/Mtg Rm: Sara Beth Warren of Aging in Place, Aging Choices seminar</b> 6:30 Card Games</p>	<p>24</p> <p>8 Water Aerobics 9:00 WALK <b>10:00 Bible Study</b> <b>10:30-11:00 Singing Seniors in the Parlor</b> <b>1:30 BINGO</b> <b>3:00 Crossword-in the Parlor</b> 6:30 Card Games</p>	<p>25</p> <p><b>GROCERY DAY</b> 9 Exercise/10 Stretch <b>10:30-11:30</b> <b>New Beginnings: orientation for new residents in Mtg Rm</b> <b>1:00 Bridge</b> <b>4:00 Wine Wednesday in the Card Room</b> 6:30 Card Games</p>	<p>26</p> <p>8 Water/9 WALK <b>9:00 Drinks/snacks-Lobby</b> 11:15 Bookmobile <b>1:00/2:00 Laura's Art</b> <b>1:30 Stretch &amp; Balance</b> <b>4:00 Speaker in Mtg Rm: Greg Tucker-historian-Early Infrastructure &amp; Our Foremothers!</b> 6:30 Cards/7 Ladies Swim</p>	<p>27</p> <p>9 Exer/10 Stretch <b>11:30 BIRTHDAY LUNCH</b> 1:00 Bridge/1:30 Trivia <b>4:00 Music &amp; Wine in Parlor: Sara Tate/piano, Frank Saxton on sax</b> 6:30 Card Games <b>7:00 Irish Movie-Waking Ned Devine, PG, 1998, comedy film</b></p>	<p>28</p> <p>8:00 &amp; 9:30 Swim 9:00 WALKING <b>2:00 Movie - Dark Waters, PG-13, 2019, Drama, inspired by a true story of exposing the truth</b> 6:30 Cards &amp; Games</p>
<p>29</p> <p><b>11:30 Sunday Buffet</b> 2:00 Dominoes <b>5:00-6:30 Pizza &amp; Beer Social in the Meeting Room</b> 6:30 Hand &amp; Foot</p>	<p>30</p> <p>9 Exercise/10 Stretch <b>1:30 Stretch &amp; Balance</b> <b>2:30 Reading Aloud</b> <b>4:00 Music: Nancy Liker/vocals, Kent Goodson/piano</b> 6:30 Card Games</p>	<p>31</p> <p>8 Water Aerobics 9:00 WALK <b>10:00 Bible Study</b> <b>1:30 BINGO</b> <b>4:00 Cornhole-in the Parlor</b> 6:30 Card Games</p>	 <p><b>March 2020</b> <b>AdamsPlace Residential Living</b></p>			