

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



"You are so much sunshine in every square inch"
Walt Whitman

August 2018

**Theme Month: Week 1 – Happy Birthday Hawaii;
Week 2 – Back to School; Week 3 – Sunflowers;
Week 4 – County Fair; Week 5 – The Amazing Race**

9:00 Comfort & Relaxation
9:30 Chair Cardio
10:00 Coconut Bowling
11:00 Menu & Blessings
1:15 Visit w/ Petey;
1-1 visits
2:30 Pineapple Sundaes
3:00 Jim Batson Concert
4:30 You Got Mail!



9:00 Comfort & Relaxation
9:30 Chair Yoga
10:00 Pass the Coconut Trivia
11:00 Menu & Blessings
1:30 Manicures
2:00 Devotional Learning
2:30 Pina Colada & Pretzels
3:15 Tour the Islands of Hawaii; What's Your Hawaiian Name?
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 How to Hula
10:00 Kitchen Club
Crockpot Lava Cake; Volcano Experiment
11:00 Menu & Blessings
1:30 1x1 Visits
2:30 Snack - Lava Cake
3:15 BINGO
4:30 You Got Mail!

Restorative Time
10:15 Chair Cardio
3:30 CCU Sing Along

10:30 Church Service

Family Visits
Movie Matinee Day

9:00 Comfort & Relaxation
9:30 Chair Stretches
10:00 **When I Grew Up Photos**
11:00 Menu & Blessings
1:30 1-1 Visits
2:00 Make Candy Pencils
2:30 Monday Munch
3:15 BINGO
4:30 You Got Mail!



9:00 Comfort & Relaxation
9:30 Toning Tuesday
10:00 Spelling Bee
11:00 Menu & Blessings
1:30 Manicures
2:00 Devotional Learning
2:30 Apples w/ Carmel or Peanut Butter
3:15 Music Class Sing Along
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Cardio
10:00 Paper Plane Contest
11:00 Menu & Blessings
1:30 1-1 Visits
2:30 Make Cookie Pencils
3:00 Darren Long Concert
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Tai Chi
10:00 Gym Games
11:00 Menu & Blessings
2:00 Bus Fuel, Lunchable & Reminisce
3:15 BINGO
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 "Simon Says" Exercise
10:00 Jeopardy
11:00 Menu & Blessings
2:00 Pep Rally (Court Yard)
4:30 1-1 Visits & Mail!

Restorative Time
10:15 Wheel of Fortune (app)
3:30 Bible Trivia

10:30 Church Service

Family Visits
Movie Matinee Day

9:00 Comfort & Relaxation
9:30 Chair Stretches
10:00 Sunflower Fun Facts & Trivia
11:00 Menu & Blessings
1:30 1-1 Visits
2:00 Sunflower Card Workshop
2:30 Fruits and Nuts
3:15 BINGO
4:30 You Got Mail!



9:00 Comfort & Relaxation
9:30 Toning Tuesday
10:00 Sunflower Spa Hand Massages
11:00 Menu & Blessings
1:30 Manicures
2:00 Book Club
2:30 Sunflower Energy Bites
3:15 Sunflower Painting
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Cardio
10:00 Sunflower Corn Hole
11:00 Menu & Blessings
1:30 1-1 Visits
2:30 Decorate a Sunflower Cupcake
3:00 Jill Sissel Concert
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Yoga
10:00 Crock Pot Cooking
11:00 Menu & Blessings
2:00 Devotional Learnings
2:30 Sweet -n- Salty Sunflower
3:15 Grow Your Own Sunflower
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 "Flower Blooming" Exercises
10:00 How Many Words "Sun Flower"
11:00 Menu & Blessings
1:30 1x1 Visits
2:00 Flick a Sunflower Seed
2:30 Popcorn
3:15 BINGO
4:30 You Got Mail!

Restorative Time
10:15 Chair Yoga
3:30 Coloring & Music w/ Shari

10:30 Church Service

Family Visits
Movie Matinee Day

9:00 Comfort & Relaxation
9:30 Chair Stretches
10:00 County Fair *Weigh In* & Word Scramble
11:00 Menu & Blessings
1:30 1-1 Visits
2:00 Blue Ribbon Mug Pies
2:30 Monday Munch – Mug Pies
3:15 BINGO
4:30 You Got Mail!



9:00 Comfort & Relaxation
9:30 Toning Tuesday
10:00 County Fair Humor & "Caption This"
11:00 Menu & Blessings
1:30 Manicures
2:00 Human Oddities & Fair Shows
3:15 Snow Cones & Cotton Candy Craft
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Cardio
10:00 County Fair Games
11:00 Menu & Blessings
1:30 1-1 Visits
2:30 Corndogs
3:00 Chris Bledsoe Concert
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Tai Chi
10:00 County Fair Family Feud
11:00 Menu & Blessings
2:00 Blue Ribbon Painting w/Laura
2:30 Snack Attack!
3:15 County Fair Photo Booth
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 "Daily Workout"
10:00 County Fair Flower Arrangements
"To Be Judged at the Extravaganza"
11:00 Menu & Blessings
1:30 1x1 Visits
2:00 County Fair Extravaganza in MDR
4:30 You Got Mail!

Restorative Time
10:15 "Balloon" Volleyball
3:30 BINGO

10:30 Church Service

Family Visits
Movie Matinee Day

9:00 Comfort & Relaxation
9:30 Chair Stretches
10:00 World Trivia
11:00 Menu & Blessings
1:30 1-1 Visits
2:00 Amazing Team Poster
2:30 Trail Snack
3:15 BINGO
4:30 You Got Mail!



9:00 Comfort & Relaxation
9:30 Toning Tuesday
10:00 ABC's of Countries
11:00 Menu & Blessings
1:30 Manicures
2:00 Create Your Passport, Tell Us Where You Have Been
3:15 Birthday Bash
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Cardio
10:00 Corn Hole Competition
11:00 Menu & Blessings
1:30 1-1 Visits
2:30 Tasty Treats
3:00 Entertainment Guest
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 Chair Yoga
10:00 Amazing Race Challenges
11:00 Menu & Blessings
2:00 Global Fun Facts
2:30 International Food Tasting
3:30 Resident Council
4:30 You Got Mail!

9:00 Comfort & Relaxation
9:30 "Final Race" Exercises
10:00 Who Wants to be a Millionaire
11:00 Menu & Blessings
1:30 1x1 Visits
2:00 Life Size Noodle Competition
2:30 Re "Fresh" Ments
3:15 BINGO
4:30 You Got Mail!

Sharon Wells - 8/5
Carolyn Davis - 8/9
Nell Williams - 8/20
Jo Jenkins - 8/21
Pauline Elkins - 8/24