

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 <i>"An' the Gobble-uns 'll Git you ef you Don't - Watch - Out!"</i> -James Whitcomb Riley</p>		<p>1 8:00 Water Aerobics 9:00 WALKING 1:30 BINGO 3:00 PREVIEW MEETING 4:00 MUSIC: BILL SLEETER 6:30 Card Games 6:30 Cornhole-Mtg Rm</p>	<p>2 GROCERY DAY 9:00 Exer/10:00 Stretch 1:00 Bridge 3:00 Hymn Sing-Parlor 4:00 BYOB Happy Hour 6:30 Card Games</p>	<p>3 8 Water/9 WALKING NO Bookmobile today 1:30 Stretch & Balance 2:00 LAURA'S ART CLASS 6:30 Card Games 7 Ladies Swim</p>	<p>4 9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia 3:30-5:00 Celebrate Sophia-Bob Milliken, piano in Parlor 6:30 Card Games 7:00 Movie - Independence Day, PG-13, 1996, Will Smith - science fiction</p>	<p>5 8:00 & 9:30 Swim 9:00 WALKING 2:00 Movie - POMS, Rated PG-13, 2019, Senior community gets cheerleading squad, Diane Keaton, etc. 6:30 Cards & Games</p>
<p>6 11:30 Sunday Buffet 2:00 Dominoes in the Card Room 5:00-6:30 BYOB Get-together in Mtg Rm 6:30 Hand & Foot</p>	<p>7 9 Exercise 10 Stretch 1:30 Stretch & Balance 2:30 Reading Aloud 6:30 Card Games</p>	<p>8 8:00 Water Aerobics 9:00 WALKING 1:30 BINGO 3:00-5:00 MTSU HELPERS 6:30 Card Games 6:30 Cornhole-Mtg Rm</p>	<p>9 GROCERY DAY 9:00 Exercise 10:00 Stretch 1:00 Bridge Party - Card Room - snacks & prizes 4:00 BYOB Happy Hour 6:30 Card Games</p>	<p>10 8 Water/9 WALK 9:00 Men's Coffee-Soda Shop 11:15 Bookmobile 1:30 Stretch & Balance 2:00-3:00 Kitchen Tour 6:30 Cards/7 Ladies Swim 7:00 To MTSU for concert</p>	<p>11 Exercise/10 Stretch 1:00 Bridge/1:30 Trivia 4:00 MTSU School of Music Students perform in Parlor 6:30 Card Games 7:00 Movie - Down Periscope, PG-13, 1996 comedy, Kelsey Grammer</p>	<p>12 8:00 & 9:30 Swim 9:00 WALKING 2:00 Movie - All is True, Rated PG-13, 2019, when Shakespeare retires, Kenneth Branagh, Judi Dench, etc. 6:30 Cards & Games</p>
<p>13 11:30 Sunday Buffet 2:00 Dominoes in the Card Room 5:00-6:30 BYOB Get-together in Mtg Rm 6:30 Hand & Foot</p>	<p>14 9 Exer/10 Stretch 10:30 FLU SHOTS in Parlor/Card Room 1:30 Stretch & Balance 2:30 Reading Aloud 6:30 Card Games</p>	<p>15 8:00 Water Aerobics 9:00 WALKING 1:30 BINGO 4:00 Music in Parlor: Harpeth Winds trio 6:30 Card Games 6:30 Cornhole-Mtg Rm</p>	<p>16 GROCERY DAY 9 Exercise 10 Stretch 1:00 Hand & Foot Party - Card Rm-snacks & prizes 4:00 BYOB Happy Hour 6:30 Card Games</p>	<p>17 8 Water/9 WALKING 11:15 Bookmobile 1:30 Stretch & Balance 2:00 LAURA'S ART CLASS 6:30 Cards 7 Ladies Swim</p>	<p>18 9 Exer/10 Stretch 11:30 BIRTHDAY LUNCH 1:00 Bridge/1:30 Trivia 4 Wine/Cheese-Biron/piano 6:30 Card Games 7:00 to MTSU-keyboard artist 7:00 Movie - Stop or My Mom Will Shoot, PG-13, comedy</p>	<p>19 8:00 & 9:30 Swim 9:00 WALKING 2:00 Movie - The Biggest Little Farm, documentary film, Rated G, 2019, won awards at Sundance, etc. 6:30 Cards & Games</p>
<p>20 11:30 Sunday Buffet 2:00 Dominoes in the Card Room 5:00-6:30 PIZZA & BEER SOCIAL- MTG RM 6:30 Hand & Foot</p>	<p>21 9 Exer/10 Stretch 1:30 Stretch & Balance 2:30 Reading Aloud 4:00 Music in the Parlor: Denis Pessar, piano & vocals 6:30 Card Games</p>	<p>22 8:00 Water Aerobics 9:00 WALKING 1:30 BINGO 4:00 Edward Jones: Tax-Free Investing - Mtg Rm 6:30 Card Games 6:30 Cornhole-Mtg Rm</p>	<p>23 GROCERY DAY OKTOBERFEST BUFFET- 11:30 & 4:30 w/ music/beer 9 Exercise/10 Stretch 1:00 Bridge 4:00 BYOB Happy Hour 6:30 Card Games</p>	<p>24 8 Water/9 WALKING 11:15 Bookmobile 1:30 Stretch & Balance 2:00 Book Club - Mtg Rm 6:30 Card Games 7 Ladies Swim</p>	<p>25 9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia 4:00 Music & Wine-Sara Tate 5:30 TO N'ville S.O. concert 6:30 Card Games 7:00 Movie - Dave, PG-13, 1993, all-star comedy cast</p>	<p>26 8:00 & 9:30 Swim 9:00 WALKING 2:00 Movie - Yesterday, Rated PG-13, 2019, only one person in the world remembers The Beatles 6:30 Cards & Games</p>
<p>27 11:30 Sunday Buffet 2:00 Dominoes in the Card Room 5:00-6:30 BYOB Get-together in Mtg Rm 6:30 Hand & Foot</p>	<p>28 9 Exercise 10 Stretch 1:30 Stretch & Balance 2:30 Reading Aloud 6:30 Card Games</p>	<p>29 8:00 Water Aerobics 9:00 WALKING 1:30 BINGO 6:30 Card Games 6:30 Cornhole-Mtg Rm</p>	<p>30 GROCERY DAY 9 Exercise 10 Stretch 1:00 Bridge 4:00 BYOB Happy Hour 6:30 Card Games</p>	<p>31 8 Water/9 WALKING 11:15 Bookmobile 1:30 Stretch & Balance 1:30 Isings Travel Talk 6:30 Cards/7 Ladies Swim 6:30 Halloween - poems & stories - Margaret O.</p>	 <p>Happy Halloween & Happy Birthday to all residents with birthdays in October!</p>	

→ We will schedule a bus ride around Murfreesboro and Rutherford County when we can tell that the Fall Foliage is out and worth seeing!