

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>11:30 Sunday DINNER:</u> <i>seated & served</i> 2:00 Dominoes <u>5:00-6:30 BYOB Get-together in Mtg Rm</u> 6:30 Hand & Foot	2 <u>LABOR DAY Holiday</u> <u>Buffet - 11:30-2:00</u> <i>casual - NO dinner served</i> 9 Exercise/10 Stretch 1:30 Stretch & Balance 6:30 Card Games	3 8:00 Water Aerobics 9:00 WALKING <u>1:30 BINGO</u> <u>3:00 PREVIEW MEETING</u> 6:30 Card Games <u>6:30 BOB HOPE DVDs</u>	4 <u>GROCERY DAY</u> 9:00 Exer/10:00 Stretch 1:00 Bridge <u>3:00 Hymn Sing in the Parlor - all welcome</u> 4:00 BYOB Happy Hour 6:30 Card Games	5 8 Water/9 WALKING <u>9:00 Drink/cookies-Lobby</u> 11:15 Bookmobile <u>1:30 Stretch & Balance</u> <u>2:00 LAURA'S ART CLASS</u> 6:30 Card Games 7 Ladies Swim	6 <u>9:00 LADIES' COFFEE</u> 9 Exercise/10 Stretch 1:00 Bridge/1:30 Trivia <u>4:00 MTSU School of Music Students perform in Parlor</u> 6:30 Card Games <u>7:00 Movie - Saving Private Ryan, 1998, RATED R for language & war violence,</u>	7 8:00 & 9:30 Swim 9:00 WALKING <u>2:00 Movie - Tolkien, 2019, Rated PG-13, the famous author's story - how events influenced his writing</u> 6:30 Cards & Games
8 <u>11:30 Sunday Buffet</u> 2:00 Dominoes in the Card Room <u>5:00-6:30 BYOB Get-together in Mtg Rm</u> 6:30 Hand & Foot	9 9 Exer/10 Stretch <u>1:30 Stretch & Balance</u> <u>2:30 Reading Aloud</u> <u>4:00 Music in the Parlor: Nancy Liker/vocals & Kent Goodson/piano</u> 6:30 Card Games	10 Water Aerobics 9:00 WALKING <u>1:30 BINGO</u> <u>3:00-5:00 MTSU Helpers-Conf. Rm</u> 6:30 Card Games <u>6:30 BOB HOPE DVDs</u>	11 <u>GROCERY DAY</u> 9:00 Exercise 10:00 Stretch <u>1:00 Bridge Party - Card Room - snacks & prizes</u> 4:00 BYOB Happy Hour 6:30 Card Games	12 8 Water/9 WALK <u>9:00 Men's Coffee-Soda Shop</u> 11:15 Bookmobile <u>1:30 Stretch & Balance</u> <u>4:00 Music in the Parlor: Debbi with Jim Hayden</u> 6:30 Cards/7 Ladies Swim	13 9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia <u>4:00 Music in the Parlor: Billy Tarkington, guitar & vocals</u> 6:30 Card Games <u>7:00 Movie - Rio Lobo 1970, Rated G -western- John Wayne & Jennifer O'Neill</u>	14 8:00 & 9:30 Swim 9:00 WALKING <u>2:00 Movie - The Intouchables, 2012, RATED R for language & drugs, French with English subtitles - buddy movie</u> 6:30 Cards & Games
15 <u>11:30 Sunday Buffet</u> 2:00 Dominoes in the Card Room <u>5:00-6:30 PIZZA & BEER SOCIAL- MTG RM</u> 6:30 Hand & Foot	16 9 Exer/10 Stretch <u>1:30 Stretch & Balance</u> <u>2:30 Reading Aloud</u> <u>6:30 Card Games/3rd floor</u> <u>6:30 Music in the Parlor: Al Mahan, guitar/vocals, Baptist pastor tenor</u>	17 8:00 Water Aerobics 9:00 WALKING <u>1:30 BINGO</u> 6:30 Card Games <u>6:30 BOB HOPE DVDs</u>	18 <u>GROCERY DAY</u> 9 Exercise 10 Stretch <u>1:00 Hand & Foot Party - Card Rm-snacks & prizes</u> 4:00 BYOB Happy Hour 6:30 Card Games	19 8 Water/9 WALKING 11:15 Bookmobile <u>1:30 Stretch & Balance</u> <u>2:00 LAURA'S ART CLASS</u> <u>4:00 Music in the Parlor: Bob Milliken on piano</u> 6:30 Cards/7 Ladies Swim	20 9 Exer/10 Stretch <u>11:30 BIRTHDAY LUNCH</u> 1:00 Bridge/1:30 Trivia <u>4:00 Music & Wine: The E. J. Rider Band</u> 6:30 Card Games <u>7:00 Movie - A Dog's Journey, 2019, Rated PG</u>	21 8:00 & 9:30 Swim 9:00 WALKING <u>2:00 Movie - The Hustle, 2019, Rated PG-13, crime comedy, a pair of female cons plying their trade</u> 6:30 Cards & Games
22 <u>11:30 Sunday DINNER:</u> <i>seated & served</i> 2:00 Dominoes in the Card Room <u>5:00-6:30 BYOB Get-together in Mtg Rm</u> 6:30 Hand & Foot	23 <u>End of Summer</u> <u>Luau Buffet - 11:30/4:30</u> <i>-wear Hawaiian/cruise outfit</i> 9:00 Exer/10:00 Stretch <u>1:30 Stretch & Balance</u> <u>2:30 Reading Aloud</u> 6:30 Card Games	24 8 Water Aerobics 9:00 WALKING <u>1:30 BINGO</u> 6:30 Card Games <u>6:30 BOB HOPE DVDs</u> <u>7:00 Leave for MTSU: Keyboard Artist Series</u>	25 <u>GROCERY DAY</u> 9 Exercise 10 Stretch 1:00 Bridge <u>1:00 BOOK CLUB-Mtg Rm</u> 4:00 BYOB Happy Hour 6:30 Card Games	26 8 Water/9 WALK 11:15 Bookmobile <u>1:30 Stretch & Balance</u> <u>4:00 Program in Mtg Rm- Have Successful Dr's Visit</u> 6:30 Cards/7 Ladies Swim <u>6:30 TO M'boro Symphony Orchestra concert-1st UMC</u>	27 9 Exer/10 Stretch 1:00 Bridge/1:30 Trivia <u>4:00 Wine & Cheese-Mtg Rm</u> <u>5:30 Ticketholders leave for Nashville Symphony</u> 6:30 Card Games <u>7:00 Movie - A Murder of Innocence-2019-Rated PG-13</u>	28 8:00 & 9:30 Swim 9:00 WALKING <u>2:00 Movie - The Tomorrow Man, 2019, Rated PG-13, Blythe Danner & John Lithgow, looking for love</u> 6:30 Cards & Games
29 <u>11:30 Sunday Buffet</u> 2:00 Dominoes <u>5:00-6:30 BYOB-Mtg Rm</u> 6:30 Hand & Foot <u>6:30 To MTSU: Choral Society/MTSU concert</u>	30 <u>9-3 BAKE SALE</u> <u>in Lobby to raise \$\$ for Alzheimer's Assoc.</u> 9:00 Exer/10:00 Stretch <u>1:30 Stretch & Balance</u> <u>2:30 Reading Aloud</u> 6:30 Card Games	<p><i>"That old September feeling, left over from school days, of summer passing, vacation nearly done, obligations gathering, with books and football in the air."</i></p> <p><i>-Wallace Stegner, Angle of Repose, 1971, Pulitzer Prize for Fiction</i></p>				

