

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NOVEMBER 2018

*Come, ye thankful people, come,
Raise the song of harvest home;
All is safely gathered in, Ere the winter storms begin;
God our Maker doth provide For our wants to be supplied;
Come to God's own temple, come,
Raise the song of harvest home.*
- Lyrics written by Henry Alford, published 1844

4 DAYLIGHT SAVING TIME ENDS

11:30 Sunday Buffet
2:00 Games/Card Rm
5:00 Hand & Foot
in the Card Room

5 9:00 Exercise
10:00 Stretch
2:30 Reading Aloud
**3:30 Laura – shoulder
massage – Craft Room**
6:30 Card Games

6 8 Water/9 WALK
10 Bible Study/1:30 BINGO
3:00 PREVIEW MEETING
6:30 Cards/3rd floor
**6:30 Music in the Parlor
with Denis, piano/vocals**

7 GROCERY DAY
9:00 Exercise
10:00 Stretch
1:00 Bridge Party-Card Rm
3:00 Parlor: Hymn Sing
4:00 BYOB: After Sing
6:30 Card Games

8 8 Water/9 WALK
9:00 Men's Coffee
11:15 Bookmobile
**4:00 Music: Veterans
Day program, Travis
Wetzel, acoustic music**
6:30 Cards/7 Ladies Swim

9 9 Exer/10 Stretch
1:00 Bridge/1:30 Trivia
**4:00 Music in Parlor:
MTSU Music Students**
6:30 Cards/3rd floor
**7:00 Movie-Mame, PG,
1974, Lucille Ball**

10 8:00 & 9:30 Swim
9:00 WALKING
**2:00 Movie – The
Ultimate Gift, PG,
2006, growing into adult**
6:30 Cards & Games

11 Veterans Day
11:30 Sunday Buffet
2:00 Games in the
Card Room
5:00 Hand & Foot
in the Card Room

**12 Veterans Day
observed**
9:00 Exercise/10:00 Stretch
2:30 Reading Aloud
3:30 Laura-foot reflexology
6:30 Card Games
6:30 Composer Spotlight

13 8 Water/9 WALK
10 Bible/1:30 BINGO
**4:00 Historical Society
program-Meeting Room**
6:30 Cards/3rd floor
**6:30 Name That Tune
in the Parlor with Denis**

14 GROCERY DAY
9 Exercise
10 Stretch
1:00 Hand & Foot Party
3-5 MTSU HELPERS
4:00 BYOB / 6:30 Cards

15 8 Water/9 WALK
**9:15 TO Frist Art
Museum: Paris exhibit**
11:15 Bookmobile
**4:00 Music in Parlor:
Bob Milliken on piano**
6:30 Cards/7 Ladies Swim

16 9 Exer/10 Stretch
1:00 Bridge/1:30 Trivia
**4:00 Music & Wine: E.J.
Rider Band, father/son**
6:30 Cards/3rd floor
**7:00 Movie-Fiddler on
the Roof, Rated G, 1971**

17 8:00 & 9:30 Swim
9:00 WALKING
**2:00 Movie – The
Ultimate Life, PG,
2013, how to truly live**
6:30 Cards & Games

18 **11:30 Sunday Buffet**
2:00 Games-Card Rm
5:00 Hand & Foot
**5:00-6:30 Pizza & Beer
in the Meeting Room**

19 9:00 Exercise
10:00 Stretch
2:30 Reading Aloud
NO Laura service today!
**4:00 Wine Tasting in
the Meeting Room**
6:30 Card Games

20 8 Water/9 WALK
10 Bible Study
1:30 BINGO
6:30 Cards/3rd floor
**6:30 Musical Theatre
Spotlight with Denis**

21 GROCERY DAY
9:00 Exercise
10:00 Stretch
4:00 BYOB Happy Hour
6:30 Cards

22 THANKSGIVING
**11:00-2:00
Holiday Buffet
(NO dinner served)**
9:00 Walking
6:30 Cards
7:00 Ladies Swim

23 9 Exer/10 Stretch
1:00 Bridge/1:30 Trivia
6:30 Cards/3rd floor
**7:00 Movie-Moses,
Rated G, 2014, filmed
before live audience**

24 8:00 & 9:30 Swim
9:00 WALKING
**2:00 Movie – The
Ultimate Legacy, PG,
2015, changing the world**
6:30 Cards & Games

25 **11:30 Sunday Dinner:
seated & served**
2:00 Games in the
Card Room
5:00 Hand & Foot
in the Card Room

26 9 Exer/10 Stretch
11:30 Birthday Lunch A
1:30 Book Club Mtg
2:30 Reading Aloud
3:30 Laura – hand massage
4:00 Music: NANCY LIKER
6:30 Card Games

27 8 Water/9 WALK
10 Bible Study/1:30 BINGO
3:00 Chat with the Director
6:30 Cards on 3rd
6:30 Music-Denis & Friends
**7:00 TO Choral Society
& MTSU Concert Chorale**

28 GROCERY DAY
9:00 Exer/10:00 Stretch
11:30 Birthday Lunch B
1:00 Speaker-Senior Scams
4:00 BYOB Happy Hour
4:15 Laura's Art Class
6:30 Card Games

29 8 Water/9 WALK
11:15 Bookmobile
**4:00 Music: Debbi &
Katherine, piano/vocals**
6:30 Cards/7 Ladies Swim
**7:00 TO MTSU Keyboard
Artist Series concert**

30 9 Exer/10 Stretch
1:00 Bridge/1:30 Trivia
**4:00 Wine & Cheese
Social – Meeting Room**
6:30 Cards/3rd floor
**7:00 Movie-New York,
New York, PG, 1977**

**Happy
Birthday
to all Residents
with November
birthdays!**